

Testimonial: Carol Cramlet Newcomerstown, Ohio February 1996

I have been giving a great deal of thought lately about the many health problems I have had in the past. Even as a young child I had my share of pain. As I got older the problems got worse. Childbearing years and working heavy jobs, took its toll on me. You do what you have to do to keep pushing yourself beyond the limits.

Just 2 years ago I couldn't go any further. My eyes were so blurred that I couldn't read the street signs. My lower back hurt so bad that I couldn't sit down properly. There was not one place on my body that did not hurt. I couldn't walk more than a few feet without limping. Couldn't sleep the night through without taking pain pills just to get a few more hours. Had to sleep on my stomach with my feet hanging over the end of the bed. Couldn't stand the pressure on my heels. Couldn't dress myself sitting down and I struggled to bend over. I couldn't think anymore. I was sure the BIG "A" was catching up on me. I had very bad headaches, wanted to scream at times just to relieve the pressure. Couldn't go up and down stairs anymore without crawling like a child most of the time. I could not have written this review, I would have to print like a child. There is much more that I could say but too numerous to even mention here.

I could not function any longer and thought, "There has to be someone out there who can help me." I started by going to the optometrists for the blurred vision. Could not find anything wrong. Not satisfied so on to the ophthalmologists. Nothing! Go to the heart doctor to check out the artery in my neck. O.K. Eye, ear, nose and throat specialist. Great shape. "Then why in the name of common sense do I feel so bad!" That's when I read in our local newspaper about a certain Mike Jones. Healing others with the same problems I had. Great! Perhaps this time he can help me.

I will never forget my first encounter with Mike. His office was on the second floor. Now here is a person who does not do steps well. I grabbed the railing and took one step at a time and finally reached the top.

Started therapy and it didn't take long. After the 3rd treatment I could see little changes. These little changes soon turned into bigger changes. It's like having a miracle. I can function like a normal human being. I can walk, sit, stand, and dress myself with ease. I can do my own house work now without stopping every 5 min. to rest and get my breath. I think clearly now. No big "A" for me. In March I took my drivers test without by glasses on and passed. July 6th was my last treatment. Mike gave me an A+. The world will never know how great it is to be able to be a pain free human again. I owe this all to Mike and all the others in the Back to Health clinic. Without them, my life wouldn't be worth living. Thank God I am pain free. Mike did what many others were not able to do. Make me human again!

July 13th: Another milestone in my life today. I was able to help my dear friend, Theda, paint her fence. I couldn't have done that a few months ago. I couldn't get up and down on my knees. What a difference! My quality of life has improved 100 fold in the past few months. I can do almost anything I want to now. I had to go to the basement today and had no trouble at all going up or down. Not even holding on to the railing. I remember how it used to be. Taking one step at a time holding on to the hand rail and pull myself up. Afraid I would fall.

Riding in the car isn't so bad for me either. I used to be in tears if I had to go very far. We took a trip down to South Carolina this month and I had no trouble at all.

When I look back over the past months I sometimes wonder how I ever survived. But I did. I hurt so bad that I wanted to die; at one point I even made the attempt to end my life. Wished I could and afraid I would. Not anymore. I'm looking forward to the future with my family and friends. And Oh!! The blessed holidays I couldn't enjoy. This year I will!

Currently, 2008: I am exercising every day, can do anything I wish at age 78. I see Mike for maintenance, and am keeping up the program of neurological exercises Mike has given me, and am helping others in the community who need some assistance. If anyone wishes to contact me to verify this information feel free to call me at 740-498-6454.

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