

I am presenting this testimonial as an example of those whom I can treat that do not live in the area, who can become well, return home, and work with a therapist in their own city.

Michael Jones, L.M.T N.M.T

Dear Mike,

When I was nineteen years old, I was diagnosed with infectious mononucleosis which has been attributed to the Epstein Barr virus. Following recuperation, I returned to nursing school, graduated, became an L.P.N., married, had a family and had a relatively normal life with recurrent episodes of "being so tired," as well as a yearly case of bronchitis. This I attributed to being a part of a busy life. Lots of natural supplements, yoga, chiropractic, acupuncture, thyroid treatment and elimination diets each helped for a short time, but I became increasingly fatigued.

Two years ago, the fatigue had become constant, and then I developed pneumonia. A month later, I was still exhausted, unable to drive myself the two miles to the doctor's office, where test results indicated chronic fatigue syndrome. The EBV count was 959, considered extremely high when the normal is 20. The doctor told me to "get lots of rest and take vitamins."

Six months later, I began seeing Mike. The 90 minute drive was beyond my ability, but my husband gladly drove me, commenting on how much better I looked every time I walked back to the car. Following extensive testing and many questions, Mike explained the neurological and physiological reasons and how he would correct the problems and then he did just that. Some of my symptoms dissipated on the first few visits, others took a little longer. My constant headache is gone and I can think clearly again. My energy level has risen from the previous 15-20% to 85-90% now, I "grew" one inch in height and gained one-half size in shoe length. I haven't needed thyroid therapy for energy, my exercise time has lengthened, coordination has improved, and all the constant aches are gone. That abnormally high EBV count is down to 170. The cholesterol count is down to 171. My husband recently noticed something he said has been missing for so very long: I can laugh again.

With Mike supervising the ongoing maintenance plan, I will continue to improve as well as keep myself healthy in the future in the many ways that he has taught me. Far too many doctors have little or no knowledge of the chronic fatigue syndrome, its many possible causes, as well as the myriad ways it manifests itself in the individual. Far too many people have lost all hope, being told that the disease is incurable.

Treatment is available with Mike and those he trains. This therapy requires changes in attitude and an ongoing commitment to maintain a healthy lifestyle. Before I met Mike, my life had diminished to include very little. I make that commitment to adjust mentally and physically. Shortly, I will return to work. I am able to enjoy my family and the many things that make up my life. Most of all, I am healthy and feel great! Mike has given me back my life, and I'll always be grateful.

Sincerely,

Marie Thomas

As of October, 2007, this is the latest update on my chronic fatigue condition. The original letter was written ten years ago, after regularly seeing Mike Jones for several years. It had only taken twelve treatments with Mike until I had improved enough to start planning on returning to work. I had spent 8,500.00 on therapy with other therapists before seeing Mike, with minimal improvements.

We moved from Ohio to Florida six years ago and I have seen Mike occasionally. My EBV count has remained well within normal range for a long time. Follow the program and I feel well. Push the edges too far, especially when I feel great, and I pay the price. Gratefully, I still bounce back quickly as Mike used to tell me I did. A chiropractor helps when I need her and a good massage therapist here is wonderful. My formerly foggy mind has remained clear enough to pass the stiff Florida real estate agent exam and the stiffer brokers' license exam which gives me a challenging job when the seasonal market is good. When the market is slow, I work with friends in a quilt shop, teach weekend quilt retreats and classes, and generally enjoy life. Right now, I am doing all those things. Chronic fatigue syndrome could make me miserable but I don't plan to go down that road again. I take no prescription drugs and use all the tools Mike taught me. I have a full life, which I thought impossible until I met Mike and his techniques and I will use those techniques always for one simple reason: they work. At age 62 I now am working as an L.P.N and planning on continuing my education by achieving my R.N degree.

Keep on documenting and teaching them, Mike. Your way to wellness has stood the test of time for many of us. Thanks for all you do.

Best Wishes

Marie Thomas

P.S. Anyone who wishes to contact me may do so at thomasm2r@aol.com